

## CGH Parkinson Support Group 2019

## Venue: Seminar Room 34 (Level 3 Integrated Building)

## Time: 230pm to 430pm

## Contact: Nuraslinda Binte Mohamad Masroni at 64268601

for registration

| Dates<br>(Thursday) | Topics*   | Facilitator            |
|---------------------|---|------------------------|
| 25 April            | Understanding Your Diagnosis and Your<br>Treatment Regime | Doctor and Pharmacist  |
| 23 May              | Exercise as Medicine                                      | Physiotherapist        |
| 25 July             | Swallowing and Communicating Issues in PD                 | Speech Therapist       |
| 26 September        | Managing Your Daily Activities                            | Occupational Therapist |
| 24 October          | Food for Thought  | Dietitian              |
| 28 November         | What is Available for YOU in Planning<br>YOUR Care        | Medical Social Worker  |

\*Programme is subject to changes