

Jasmine Teo

Diploma in Phyiotherapy

Jasmine graduated from Nanyang Polytechnic in 2009 with a Diploma in Physiotherapy. Her first work experience started in Changi General Hospital which gave opportunities to cover various disciplines in Physiotherapy practice. She is interested in both musculoskeletal and neurological conditions, and is always keen to improve patients to the best of their abilities. She has been involved in writing up Clinical Practice Guidelines for both post-operative spinal patients and spinal cord injury patients to maintain and continually improve patient care and clinical standard.

Jasmine is also a certified Clinical Pilates and RockTape practitioner. Outside of work, she goes to the gym, swims and does yoga to keep fit. She also enjoys scuba diving and playing with her cats.