



21 June 2021

Visiting Guidelines

In line with the Ministry of Health's guidelines on precautionary measures, Changi General Hospital has revised its visiting guidelines.

From **21 June 2021**, each patient may pre-register **1** visitor* to visit them for the duration of their admission. The visitor will be allowed in the general ward **once each day** during visiting hours. Patients whose length of stay exceeds 7 days may add 1 more registered visitor from the seventh day of admission.

Children under the age of 12 will not be allowed to visit inpatients. No visitors are allowed for COVID-19 positive patients and those in the isolation wards until further notice.

Please observe the following measures:

- **Register daily at the registration counter for entry to wards**
- **Patients are to remain in their wards.**
- **Keep your visit duration to 20 minutes.**
- **Wear a mask with good filtration capability at all times.**
- **Practise good hand hygiene prior to entry.**
- **Maintain a safe distance of at least 1 metre and refrain from interaction with other patients or visitors.**
- **Do not consume any food or drinks within the ward.**
- **Refrain from using the patient toilets in the wards and avoid sitting on patient beds.**

We seek your understanding that this is necessary to safeguard our patients, staff and your health, and apologise for any inconvenience caused.

Please refer to the next page for a list of frequently asked questions and answers.

** The limit can be reviewed for specific groups of patients, e.g. critically ill patients. Changi General Hospital reserves the right, at its discretion, to change, modify, add or remove parts of these guidelines. Information is accurate as of 21 June 2021. Please check with our staff, or visit the Changi General Hospital website (www.cgh.com.sg) or Facebook page for updates.*



Frequently Asked Questions

1. Can I visit my loved one if he or she is critically ill or on palliative care?

For specific groups of patients, e.g. critically ill, up to 5 pre-registered visitors are allowed, with 2 visitors at the patient's bedside at any one time.

For other patients in the general ward, their registered visitor will be allowed to visit once per day.

2. Will caregivers be allowed to visit patients outside visiting hours?

Caregivers for patients under the following categories can approach the ward staff to make the request:

- Receiving palliative care;
- Lacking mental capacity;
- Have special needs;
- Non-ambulant elderly person; or
- Due for discharge

3. What are the visiting hours?

The visiting hours for our general wards are: 12pm – 2pm and 6pm - 8pm. Visitors will need to pre-register daily at the visitor registration counter. Please keep your visit to 20 minutes.

While this duration can be extended for specific groups of patients, eligible visitors for critically ill patients and caregivers must undergo an Antigen Rapid Test (ART) at CGH, which will remain valid for 24 hours, to extend this duration. This is regardless of the visitor's vaccination status. Please inform our ward staff if you need to extend your visit duration.

No visitors are allowed for COVID-19 patients and those in the isolation wards until further notice.

4. Why do I need to do the Antigen Rapid Test (ART)?

Testing is a critical part of Singapore's proactive and preventive surveillance programme, as it will enable quicker detection of any cases, and increase the protection of people and places. This will help to keep everyone including our patients, visitors, staff and loved ones safe.



5. Where do I take an Antigen Rapid Test (ART) in CGH? Can I be exempted from the ART?

Please proceed to PLS (Main Building Atrium near Umi Sushi) to take the Antigen Rapid Test (ART). The office operates daily from 10.00am to 8.00pm.

Please inform our staff, and produce documentation of the following if you would like to be exempted from the ART:

- a) A COVID-19-positive Polymerase Chain Reaction (PCR) test result in the past 270 days
- b) A negative PCR test result in the last 72 hours
- c) A negative ART result in the last 24 hours

6. Can I eat or drink with my loved one in the ward?

Visitors are not allowed to consume any food or drinks within the ward.

7. Will food delivery services (e.g. Grab, Foodpanda, Deliveroo) be allowed to deliver food to the wards?

We will not be allowing food and drinks sent by delivery services (e.g. Grabfood / Foodpanda / Deliveroo) during this period. This is to prevent or reduce the risk of contamination and food-related illnesses, to ensure our patients' safety. It is also to minimise any potential unwanted interaction with prescribed medication. We would like to assure you that patients' meals are carefully prepared to offer our patients a healthy balanced diet.

8. Can I send any items or gifts to my loved one who cannot have visitors?

You can only bring essential items for the patient. Cooked food and contraband items (e.g. cigarettes) are not allowed.