Operating hours:
8.30am to 5.30pm (Monday to Friday)
Closed on Saturday, Sunday & Public Holidays

For enquiries, please contact us at:
Tel: 6936 6880 / 5796
Fax: 6787 3013
Email: CPGP@cgh.com.sg

Clinical visits are only for those residing in the selected areas with the following criteria:

- Age 65 years and above with mental disorder(s)
- Who are unable to access hospital or outpatient services

Exclusion for clinical visits:

- Older persons with physical disabilities only

Referral Information for Clinical Visits

The referral has to be initiated by a healthcare professional.

Please fax the completed form to 6787 3013. The referring source will be informed of the outcome of the referral.

Appropriate charges apply for clinical visits.

Referral forms can be downloaded from our website: https://www.cgh.com.sg/healthcare-professionals/Pages/gpresources.aspx

All information is valid at the time of printing (October 2019) and subject to revision without prior notice.

Community Psychogeriatric Programme (CPGP)
Improving Mental Health Care for Older Persons - Empowering the Community through Partnerships
Community Psychogeriatric Programme (CPGP)

The CPGP is dedicated to improving the mental health of older persons living in the Eastern region.

As a community outreach programme, we aim to accomplish this through partnerships with other caregivers in the community in order to promote ageing in place for older persons.

We value the importance of empowering eldercare agencies and caregivers with the capability to enhance the total well-being of older persons.

Our aims
- To increase awareness of mental illness issues in older persons through education and the provision of mental health screening as required.
- To improve the quality of life of older persons through early detection and effective and timely treatment of mental health problems.
- To foster partnerships with eldercare agencies to meet the psychosocial needs of older persons in the community.

Our team

As part of Geriatric Psychiatry Service within the Department of Psychological Medicine, the CPGP team is multidisciplinary, consisting of psychiatrists, doctors, nurses, psychologists, medical social workers, occupational therapists, physiotherapist and admin support staff.

Our partners

- ElderCare agencies such as Senior Care Centres, Home Care, Day Care Centres and Nursing Homes.
- Primary care physicians and other specialists.

Our services

- Training and Support

We provide training, consultation and support for eldercare agencies and primary care physicians through:
  - Multidisciplinary training programmes
  - Case discussions
  - Networking

- Clinical Visits

We deliver home based assessments and interventions for older persons with mental health conditions.

Our interventions include:
- Pharmacological, psychological and social intervention.
- Support for care givers.