



Clinical visits are only available for those who reside within the Eastern region with the following inclusion criteria:

- Older persons who are 65 years old and above with mental disorders such as dementia, depression, delirium, adjustment disorder and psychosis, who are unable or unwilling to access hospital or outpatient services
- Younger persons with dementia who are unable to access hospital or outpatient services

Exclusion Criteria for Clinical Visits

Persons who:

- Are able to access hospital and outpatient services
- Only** have physical disabilities

Referral Information for Clinical Visits

The referral has to be made by a healthcare professional.

Clients must live within the Eastern region.

Please fax the completed form to **6787 3013**. The CPGP will inform the referring person regarding the outcome of the referral.

Referral forms can be downloaded from our website:

<https://www.cgh.com.sg/healthcare-professionals/Documents/Revised%2017.01.2017%20%20CPGP%20Referral%20Form.pdf>

Appropriate charges apply for clinical visits.

Operating hours:

8.30am to 5.30pm (Monday to Friday)

Closed on Saturday, Sunday & Public Holidays

For enquiries, please contact us at:

Tel: 6426 7504/ 7506

Fax: 6787 3013

Email: CPGP@cgh.com.sg



All information is valid at the time of printing (November 2017) and subject to revision without prior notice.



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Community Psychogeriatric Programme (CPGP)

Improving Mental Health Care for Older Persons -
Empowering the Community through Partnerships



**Changi
General Hospital**



Community Psychogeriatric Programme (CPGP)



The CPGP is dedicated to improving the mental health of older persons living in the Eastern region.

As a community outreach programme, we aim to accomplish this through partnerships with other caregivers in the community in order to promote ageing in place for older persons.

We value the importance of empowering eldercare agencies and caregivers with the capability to enhance the total well-being of older persons.

Our aims

- To increase awareness of mental illness issues in older persons through education and the provision of mental health screening as required.
- To improve the quality of life of older persons through early detection and effective and timely treatment of mental health problems.
- To foster partnerships with eldercare agencies to meet the psychosocial needs of older persons in the community.

- To empower general practitioners and community eldercare agencies with the knowledge and skills to enhance the provision of care to older persons with mental illness.

Our team



The Community Psychogeriatric Programme is part of Geriatric Psychiatry services of Psychological Medicine Department at Changi General Hospital. Our team is multidisciplinary and consists of psychiatrists, doctors, nurses, psychologists, medical social workers, occupational therapists and physiotherapists.

Our partners



- Community, social and healthcare agencies for older person e.g. Senior Care Centre, home care and day care centres.
- Family care physicians and other specialists.

Our services

- Training and Support

We provide training, consultation and support for community eldercare agencies and family care physicians through:

- Multidisciplinary training programmes
- Case discussions
- Facilitating links between the agencies and general practitioners.

- **Clinical Visits**

We conduct home based mental health assessments and interventions for older persons. Functional rehabilitation to enable them to continue living in their own homes.

Interventions include:

- Pharmacological, psychological and social intervention.
- Support for care givers.

