

About 24-hour Urine Collection



Please affix patient sticker here

This investigation involves the collection of urine in a given container over a 24-hour period. At the end of the collection, the level of urine collected will be noted on the container using the level of indication (sticker) provided.

Two small samples of the urine collected need to be retained and the rest of the urine may be discarded. Return the urine samples to our clinic together with the investigation form. They will be sent to our laboratory for further analysis.

24-hour urine test for Vanilla Mandelic Acid (VMA)

The method for collection of urine is the same. However certain food and drugs may affect the test results, so you need to refrain from taking them three days before the test until after the urine collection is completed.

From		unti	until the completion of 24-hour urine			
col	lection, do not take:					
•	Coffee	•	lce-cream	•	Propanolol*	
•	Vanilla	•	Chocolates	•	Aspirin**	
•	Bananas	•	Cakes	•	Atenolol**	
•	Pineapples					

^{**} To check with the doctor for suitable substitute medication.

Urine collection process

- A container will be given to you to collect and store your urine during the 24-hour period.
- The container should be kept out of reach of children as preservatives 2. may be present.
- No special preparation is necessary unless we inform you. 3.

4.	Collection method a) The urine that you pass upon awakening at on on should not be included for this collection.					
	b) Subsequently, all urine that you pass after on is to be collected and poured into the container					
	provided until on					
	c) Record the total amount of urine collected on the laboratory investigation form.					
	d) Pour the urine into the two small containers (50ml each) provided. Once this is done, the remaining urine can be discarded.					

- On the same day, return to the clinic, bringing along the investigation 5. form and the two small containers of urine.
- *A blood specimen is required from you to accompany the urine 6. samples for testing. Therefore, we require you to return personally to the clinic. It would be taken when you return to the clinic with the urine samples and the form.
- *You may have someone else bring the urine samples to the clinic for 7. despatch to the laboratory.

^{*} Note to staff: delete where appropriate







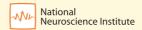


















PATIENTS. AT THE HE RT OF ALL WE DO.

2 Simei Street 3 Singapore 529889 Tel: (65) 6788 8833 Fax: (65) 6788 0933 Reg No 198904226R

CGH Appointment Centre

For appointments and enquiries, please call: (65) 6850 3333

Operating hours: 8.30am to 5.30pm (Mondays to Fridays) 8.30am to 12.30pm (Saturdays) Closed on Sundays and Public Holidays

For more information, please visit www.cgh.com.sg

facebook.com/ChangiGeneralHospital

Information is valid as of February 2024 and subject to revision without prior notice.

All information provided within this publication is intended for general information and is provided on the understanding that no surgical and medical advice or recommendation is being rendered.

Please do not disregard the professional advice of your doctor.