



Singapore  
General Hospital



Changi  
General Hospital



Sengkang  
General Hospital



KK Women's and  
Children's Hospital



National Cancer  
Centre Singapore



National Dental  
Centre Singapore



National Heart  
Centre Singapore



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Neuroscience Institute



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### **CGH Appointment Centre**

For appointments and enquiries,  
please call: (65) 6850 3333

Operating hours:  
8.30 am to 5.30 pm (Monday to Friday)  
8.30 am to 12.30 pm (Saturday)  
Closed on Sunday & Public Holiday

For more information, please visit [www.cgh.com.sg](http://www.cgh.com.sg)



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# **One-Rehab Framework for Stroke Rehabilitation**



**Changi  
General Hospital**  
SingHealth

## One-Rehab Framework

The **One-Rehab Framework** is the national system developed by the Ministry of Health (MOH) for rehabilitation care. It aims to integrate and standardise rehabilitation care plans, ensuring patients' access to the appropriate type and level of rehabilitation care in a timely manner. Patients will receive rehabilitation care that is patient-centred, value driven, equitable and appropriate.

**Changi General Hospital (CGH)** will be providing One-Rehab services in collaboration with community partners as part of a nationwide pilot.



## Inpatient Rehabilitation

The **CGH – Saint Andrew's Community Hospital (SACH)** model of rehabilitation incorporates intensive inpatient rehabilitation and use of technology in the early post-stroke period.

You would have started your rehabilitation during your inpatient stay at CGH. The goal of therapy in the inpatient setting is to regain mobility for safety during transfers and achieve a minimal level of independence.



## Outpatient Rehabilitation – What is Next?

The next phase of your recovery will take place at a community rehabilitation facility. Therapist(s) will discuss your therapy goals with you and continue to work with you to increase your level of independence.

The CGH-SACH collaboration facilitates a seamless rehabilitation journey for you through partnerships with the following centres.

### East

- ☐ Saint Andrew's Community Hospital Day Rehabilitation Centre (Simei)
- ☐ Saint Andrew's Senior Care (Tampines Central)  
*\*Excluding speech therapy*

### City Area

- ☐ Saint Andrew's Senior Care (Joy Connect)  
*\*Excluding speech therapy*

Please inform us if you prefer another Community Based Rehabilitation Centre.

The Agency for Integrated Care (AIC) will contact you to arrange the onward referral and provide you with costings and other information.



## Frequently Asked Questions

### 1. What is the process of coming on board One-Rehab?

AIC will contact you to arrange the onward referral and provide you with costings and other information. Inform them of your preferred Community Based Rehabilitation Centre. Thereafter, the assigned Centre will contact you for appointment scheduling.

### 2. Are there any subsidies and discounts?

In addition to means-tested Government subsidies for rehabilitation care, MOH will be providing an additional One-Rehab discount through SACH Community Based Rehabilitation Centres for your current rehabilitation needs. Discounts may be adjusted in accordance to regular reviews with MOH.

### 3. Can I see a therapist in an acute hospital instead of a community rehabilitation facility?

You may request to receive your therapy in an acute hospital outpatient setting. However, the One-Rehab discount will not be applicable for services that deviate from the One-Rehab programme.

### 4. Can I attend another centre other than the SACH Community Based Rehabilitation Centres?

Please inform your therapist(s) who will be able to advise you on other options.

### 5. What happens if I wish to withdraw from One-Rehab?

You may withdraw from the programme at any time. However, the One-Rehab discount will not be applicable and there may be additional out-of-pocket payments to the service providers.

