



Intralesional Steroid Injection



Changi
General Hospital
SingHealth

What is an intralesional steroid injection?

An intralesional steroid injection is a commonly performed dermatological procedure that is used to treat a variety of dermatological conditions listed below.

Some indications of intralesional steroid injections:

- ➔ Hypertrophic scars/ keloids
- ➔ Prurigo nodules
- ➔ Thickened plaques of dermatitis
- ➔ Alopecia areata
- ➔ Hypertrophic lichen planus
- ➔ Granuloma annulare

Procedure

The doctor will inject the steroid solution via a syringe and small needle directly into the skin lesion. Patients usually experience some pain during the injection, which is tolerable. Temporary redness and swelling will also be visible around the injected area.

Possible side effects

- ➔ Skin atrophy/ thinning - this is often reversible but may last for several months. It is rarely permanent.
- ➔ Discolouration around the injection site (e.g., whitening, darkening and allergic reactions). This may last between six to nine months.
- ➔ Stretch marks.
- ➔ Folliculitis/ acne outbreaks are usually transient.
- ➔ Allergic reactions.

Notes



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