



26 April 2022

## **Visiting Guidelines**

In line with the Ministry of Health's guidelines on precautionary measures, Changi General Hospital has revised its visiting guidelines.

From **26 April 2022**, **2 visitors** will be allowed at any one time for patients in inpatient wards during visiting hours. No visitors are allowed for COVID-19 positive patients and those in the isolation wards until further notice.

All caregivers and visitors are encouraged to do an Antigen Rapid Test (ART) self-test prior to visiting.

Please observe the following measures:

- **Register daily at the registration counter for entry to wards.**
- **Wear a mask with good filtration capability at all times e.g. reusable masks that are made up of at least two layers of fabric, or surgical masks.**
- **Practise good hand hygiene prior to entry.**
- **Minimise interaction with other patients or visitors.**
- **Do not consume any food or drinks within the ward.**
- **Refrain from using the patient toilets in the wards and avoid sitting on patient beds.**
- **Do not visit if you are feeling unwell.**

We seek your understanding that this is necessary to safeguard our patients, staff and your health, and apologise for any inconvenience caused.

Please refer to the next page for a list of frequently asked questions and answers.

*\* Information is accurate as of 26 April 2022. Changi General Hospital reserves the right, at its discretion, to change, modify, add or remove parts of these guidelines. Please check with our staff, or visit the Changi General Hospital website ([www.cgh.com.sg](http://www.cgh.com.sg)) or Facebook page for updates.*



## Frequently Asked Questions

### 1. Will caregivers be allowed to visit patients outside visiting hours?

Caregivers for patients under the following categories can approach the ward staff to make the request:

- Receiving palliative care;
- Lacking mental capacity;
- Have special needs;
- Non-ambulant elderly person; or
- Due for discharge and are undergoing caregiver training

### 2. What are the visiting hours?

The visiting hours for our inpatient wards are: 12pm – 2pm and 6pm - 8pm.

### 3. Why do I need to do the Antigen Rapid Test (ART)?

Testing will enable quicker detection of any cases, and increase the protection of people and places. This will help to keep everyone including our patients, visitors, staff and loved ones safe.

### 4. Can I eat or drink with my loved one in the ward?

Visitors are not allowed to consume any food or drinks within the ward.

### 5. Will food delivery services (e.g. Grab, Foodpanda, Deliveroo) be allowed to deliver food to the wards?

We will not be allowing food and drinks sent by delivery services (e.g. Grabfood / Foodpanda / Deliveroo) during this period. This is to prevent or reduce the risk of contamination and food-related illnesses, to ensure our patients' safety. It is also to minimise any potential unwanted interaction with prescribed medication. We would like to assure you that patients' meals are carefully prepared to offer our patients a healthy balanced diet.

### 6. Can I send any items or gifts to my loved one who cannot have visitors?

You can only bring essential items for the patient. Contraband items (e.g. cigarettes) are not allowed.