## Jennifer Su

Jennifer Su Senior Physiotherapist Master of Clinical Physiotherapy/ (Manipulative Therapy) Singapore

Jennifer Su started her journey as a physiotherapist in 2001 where she won a scholarship to study physiotherapy at Nanyang Polytechnic. Upon graduation, she worked at Changi General Hospital in various disciplines, including the sports medicine centre that started her interest to specialize in sports related musculoskeletal conditions. Other than working with patients at the clinic and wards, she was also active in spearheading projects to enhance patient care. In the four years with the hospital, she and her team has won awards with all her projects, most notably Gold Award at the Innovation & Quality Circle Convention, SPRING Singapore.

She then joined Singapore Sports School as their resident physiotherapist, where she managed youth athletes, many whom are in the national squad. Other than injury management at the school clinic, she also traveled with them as team physiotherapist, the most recent being the 2013 SEA Games in Napyidaw, Myanmar. Her other roles at the school included crafting sports specific musculoskeletal screening, which she and her team conducted during pre and post-season to screen for potential injury risk factors. She also ran practical classes for the student athletes with topics ranging from recovery techniques to taping.

Being a firm believer in lifelong learning, she returned to school in 2011 and graduated with Masters of Clinical Physiotherapy from Curtin University. Outside of work, she enjoys cycling around Singapore looking for good photography opportunities.